

Portland Wheelmen Touring Club

May 2008 Ride Schedule

Every Monday...

Monday Morning Meander: Distance 20-40 miles. Leaves at 10:00 a.m. from NE 99th and Irving, just 1 block north of Glisan Street. There are usually 2 or 3 distances available on these loops through the East County area. Non-group ride. Level B/C. Ride leader: Bud Rice, 503.667.0683.

Monday Night East Side: Distance will 20 to 35 miles. Leaves at 6:15 p.m. from Wilshire Park, NE 36th & Skidmore. Different rides every week to keep it fresh. Nice easy pace ride just to shake off the legs after the weekend. Lights are required and reflective clothing is strongly recommended for early evening dusk riding. Regroup ride. Level B/C. Ride leader: Dennis Mowdy, 503-281-6852.

Every Tuesday...

Tuesday Morning Triple Challenge: Distance 30/60/90 miles. Leaves at 9:30 a.m. from St. Matthew's Episcopal Church, 11229 NE Prescott, take the front entrance to the back parking area. Three mileage options are offered to accommodate rider's desire or the weather conditions. Non-group ride. Level C. Ride leader: Dick Weber, 503.658.3403.

New Tuesday Night West Side Cycology Skyline Explorer: Distance: 30-40 miles. Leaves at 5:00 pm from Bethany Village Starbucks. Bethany Blvd. Exit on Hw6 26. Go north 2 miles to Bethany Village. This Group/Regroup will ride up to and along Skyline Blvd. and return to Bethany Village via various routes

traveling approximately 15 to 18 mph. Level C/D. Ride Leader: Tim Olszewski, NW Bicycle Safety Council 971-533-6176.

Tuesday Night Classic: Distance 27 miles. Leaves at 6:00 p.m. from Wilshire Park, NE 36th & Skidmore. The original Tuesday night ride that still goes around Kelly Point. Formerly dominated by racers and rascals, this is what happens when we get older – 18-22 mph. Lights and reflective clothing are required. Regroup ride. Level C. Ride leader: Phil Whitmore, 503.274.9755.

Tuesday Night West Side: Distances 25-40 miles. Leave at 6:00 pm from Tualatin City Park at Tualatin and Boones Ferry Roads in Tualatin. Get out of the urban jungle on a different route each week. There will be a few new rides mixed in with old favorites in Washington, Clackamas, Yamhill and Marion counties. Most rides include a hill or two, with distance and terrain chosen to match weather conditions and daylight. Non-group rides. Most rides are level C/D and include high-speed pack riding. Show up early to get a head start with a less intense group. Ride leaders: Del Scharffenberg 503-353-0073, Tom Napier 503-246-1917, and Richard Marantz 503-246-7185.

Tuesday Night Spindown: Distance 18-38 miles. Leaves at 6:15 p.m. from St. Matthew's Episcopal Church, 11229 NE Prescott, take the front entrance to the back parking area. Length and route to be dependent on weather. Lights required until daylight is sufficient for duration of ride. Reflective clothing strongly recommended for early evening dusk riding. Moderately paced, riders should be able to maintain 15-16 mph. Regroup ride. Level B/easy C. Ride leader: Joan Cullen [Member-at-Large], 503-762-1629.

Every Wednesday...

Wednesday Morning Triple Challenge: Distance 20-90 miles. Leaves at 10:00 a.m. from St. Matthew's Episcopal Church, 11229

NE Prescott, take the front entrance to the back parking area. This ride rotates through a number of routes through Oregon and Washington. Non-group ride. Level C/D. Ride leader: Doug Beliel, 503.252.8810.

The Wednesday Evening Group Ride: Distance 15 to 25 miles. Leaves at 6:00 p.m. from Laurelhurst Parks north entrance, 2 blocks west of SE 39th on SE Ankeny. Join us on these moderately paced urban group rides that travel around Portland's east side. Group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Every Thursday...

Thursday Morning Triple Challenge: Distance 30/60/90 miles. Leaves at 9:30 a.m. from St. Matthew's Episcopal Church, 11229 NE Prescott, take the front entrance to the back parking area. Come out for a short leg stretcher or spend the day on one of the longer routes offered. Non-group ride. Level C. Ride leader: Scott Poindexter, 971.645.0461 and Dick Fairbank, 503.285.8151.

There is NO night ride on the first
Thursday of the month.
Club meeting night.
Everyone is welcome to attend!

Thursday Night East Side: Distance 26 miles. Leaves at 6:00 p.m. from Wilshire Park, NE 36th & Skidmore. We climb Rocky Butte, ride through Maywood and Parkrose neighborhoods, descend toward Marine Drive, but the out-and-back is on Airport Way with the return back to the start via Cornfoot Rd. Lights are required and reflective clothing is strongly recommended. Regroup ride. Level B/C. Ride leader: Dennis Mowdy, 503.281.6852

Every Friday...See note about June 6

Friday Morning Quickie: Distance 20-40 miles. Leaves at 10:00 a.m. from St. Matthew's Episcopal Church, 11229 NE Prescott, take the front entrance to the back parking area. This ride offers a variety of routes from Troutdale and the Women's Forum Park to North Portland or Vancouver. Non-group ride. Level B/C. Ride leader: Ron Householder, 503.234.0630.

On Friday, June 6, ONLY, this ride will start at 9:00 a.m. instead of 10:00 a.m. We will ride to the club's storage facility and load supplies and equipment into trucks for the Pioneer Century on the following day.

Saturday, May 3, 2008

Saturday Morning Alphabet Ride: Distance 25-90 miles. Leaves at 9:00 a.m. from Wilshire Park, NE 36th & Skidmore. Two or more ride options will be offered. Join the regulars for the relatively flat 35-mile Kelley Point/Two-Bridge Loop, with a coffee stop midway through, or take off for the West Hills or Camas for a steeper or faster ride. Ideal for experienced riders. Non-group ride. Levels A/B/C/D. Ride leader: Frank Zuleger 503-257-5708

DICK'S REACH THE BEACH Training Ride #11, Ride Around Clark County. On This Ride No Mileage Credit For PWTC. (Check RACC web site RACC@vancouverbicycleclub.com for registration information). Distance 18/34/67/100 miles. Leaves between 6:30 and 8:30 a.m. Start and finish at Clark College, Hann/Hawkins Hall, 1820 Ft. Vancouver Way. Ride is on mostly rural roads with scenery that will include cities, farms, fields, rivers, and small towns. Non-group ride. Level A/B/C/D/E. Ride Leader: Dick Adkins, 503-635-2556 and Larry Eades 503-631-3256.

An Urban Coffee Ride: Distance 15 to 25 miles. Leaves at 10:30 a.m. from Laurelhurst Parks north entrance, 2 blocks west of SE

39th on SE Ankeny. Join us on these moderately paced group rides around the Portland/Vancouver area that feature a stop at a local coffee shop somewhere along the route. Group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Sunday, May 4, 2008

Torture Series: Mini Torture-Day After the RACC Ride: Distance 30 miles. Leaves at 9:00 am from Mt. Tabor Park's north parking lot. From the park, we will cruise to the West Hills for some climbing on Marquam Hill and take in views from Council Crest. It ends of course with a climb on Mt. Tabor. Short on miles but just enough climbing if you had a long ride the day before in Vancouver. Non-group ride. Level C-/D. Ride leader: Cathy Varner 503-816-2642

Suit Yourself Ride: Distance 20-90 miles. Leaves at 9:00 a.m. from the Tri-Met Park & Ride, NE 96th & Sandy Blvd. Riders meet and sign in, then ride wherever they want. Ride maps will be available. Non-group ride. Ideal for experienced riders. Levels A/B/C/D. Ride leader: Greg & Sharon Baker 503-287-7019

Villaggios Bakery Ride: Distance 32 miles. Leaves at 10:30 a.m. from the Tri-Met Park and Ride, NE 96th and Sandy Blvd. Cross over the Columbia River and head east of Vancouver out to Villaggios Bakery for a sample of their sweet treats. Non-group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Saturday, May 10

DICK'S REACH THE BEACH Training Ride #12, Urban Century. Distance 29,50,62,100 miles. Leaves at 7:00 a.m. from

Tri-Met parking lot at NE 96th and Sandy . Mostly flat ride with some rollers. The scenery will include cities and rivers using some rural roads. Non-group ride. Level A/B/C. Ride Leader: Dick Adkins, 503-635-2556 and Larry Eades 503-631-3256.

Torture Series- Tickle Creek: Distance 40 miles. Leaves at 9:00 a.m. from what used to be Albertson's parking lot at SE 174th & Powell. Ride from Gresham to Sandy on number four in the series via the breath-taking ups and downs of Tickle Creek Road. The return takes us onto scenic Bluff Road and the rolling farmlands of Gresham. Non-group ride. Level D. Ride leader: Cathy Varner, 503.816.2642.

Saturday Morning Alphabet Ride: Distance 25-90 miles. Leaves at 9:00 a.m. from Wilshire Park, NE 36th & Skidmore. Two or more ride options will be offered. Join the regulars for the relatively flat 35-mile Kelley Point/Two-Bridge Loop, with a coffee stop midway through, or take off for the West Hills or Camas for a steeper or faster ride. Ideal for experienced riders. Non-group ride. Levels A/B/C/D. Ride leader: Bob Sahleen 503-655-1480

Welcome to PWTC Ride -- North by Northeast Explorer: Distance 25 to 30 miles. Leaves at 10:00 a.m. from the Tri-Met Park and Ride, NE 96th and Sandy Blvd. This ride uses a different route each time with options of crossing the Columbia River into Vancouver, heading east out to the Troutdale/Sandy River area, or looping through north and northeast Portland. There will be a bakery, coffee, or ice cream stop somewhere along the route. Group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Sunday, May 11 Mother's Day

Suit Yourself Ride: Distance 20-90 miles. Leaves at 9:00 a.m. from the Tri-Met Park & Ride, NE 96th & Sandy Blvd. Riders meet and sign in, then ride wherever they want. Ride maps will be

available. Non-group ride. Ideal for experienced riders. Levels A/B/C/D. Ride leader: Marvin Rambo 503-774-3605

Sunday Morning Social: Distance 20 to 30 miles. Leaves at 10:00 a.m. from Lents Park, 1 block south of SE Holgate on SE 92nd Ave. Come out and socialize with other cyclists on these moderately paced group rides. We'll travel along at around 13/15 mph and we'll stop for a snack or something to drink part way through the route. Group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Saturday, May 17

REACH THE BEACH: On This Ride No Mileage Credit For PWTC. Distance 26/55/77/103 road course, or 35/ mountain bike course. Leaves at 7:00 a.m. from Scholls Hights Elementary School 16400 SW Loon Dr. Beaverton for the 103 mile ride (check the web site at Reachthebeach.org for further details and registration information). This is what you've been training for! The Ride is on mostly rural roads and is very well supported. Non-group ride. Level A/B/C/D. Ride Leader: Dick Adkins, 503-635-2556 and Larry Eades 503-631-3256.

Torture Series-Prune Hill & Hockinson Loop: Distance 52 miles. Leaves at 9:00 a.m. from near Mari's Coffee Shop, 2100 SE 164th Ave in Vancouver. Head north on I-205, east on Hwy 14 and north at the 164th St exit approximately 2-miles. Please park in the area by Home Street Bank. Join us on number five in the torture series as we take on this newer route through some of the best climbing Clark County has to offer. Non-group ride. Level D. Ride leader: Cathy Varner, 503.816.2642.

Saturday Morning Alphabet Ride: Distance 25-90 miles. Leaves at 9:00 a.m. from Wilshire Park, NE 36th & Skidmore. Two or more ride options will be offered. Join the regulars for the relatively flat 35-mile Kelley Point/Two-Bridge Loop, with a coffee stop midway through, or take off for the West Hills or Camas for a steeper or faster ride. Ideal for experienced riders. Non-group ride. Levels A/B/C/D. Ride leader: Dick Brown 360-573-8981

Saturday Morning Social: Distance 20 to 30 miles. Leaves at 10:00 a.m. from Laurelhurst Parks north entrance, 2 blocks west of SE 39th on SE Ankeny. Come out and socialize with other cyclists on these moderately paced group rides. We'll travel along at around 13/15 mph and we'll stop for a snack or something to drink part way through the route. Group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Sunday, May 18

Suit Yourself Ride: Distance 20-90 miles. Leaves at 9:00 a.m. from the Tri-Met Park & Ride, NE 96th & Sandy Blvd. Riders meet and sign in, then ride wherever they want. Ride maps will be available. Non-group ride. Ideal for experienced riders. Levels A/B/C/D. Ride leader: Dick Fairbank 503-285-8151.

Hockinson, Brush Prairie and Hazel Dell Loop: Distance 25/40 miles. Leaves at 10:00 a.m. from the Marshall Center on McLoughlin Blvd. and Fort Vancouver Way, in Vancouver, Washington, 1 block east of I-5 at the Mill Plain exit. Explore the area north and east of Vancouver as we visit several old farming communities. This route travels a number of roads that are seldom traveled on PWTC rides. Non-group ride. Level B. Rider leaders: Phil Brown (club president) and Cheryl Speer (club statistician),

quickxote@comcast.net, cherylaspeer@comcast.net 360-833-1512.

Welcome to PWTC Ride --- North by Northeast Explorer. Distance 25 to 30 miles. Leaves at 10:00 a.m. from the Tri-Met park and ride, NE 96th and Sandy Blvd. This ride will use a different route each time with options of crossing the Columbia River into Vancouver, heading east out to the Troutdale/Sandy River area, or looping through north and northeast Portland. There will be a bakery, coffee or ice cream stop somewhere along the route. Group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Alert Friday, May 23 – Monday, May 26, 2008

Columbia Gorge Explorer: Distance about 240 miles (55-65 miles/day). Leaves 9:00AM from Larson's Bakery, 13411 SE Mill Plain Blvd., 1 mile east of I-205 in Vancouver. Joint ride with VBC. Travel east along Hwy. 14 to Hwy. 97, cross the Columbia to Biggs and ride back to Vancouver on the Scenic Hwy. where possible. \$9 prepaid, nonrefundable registration only. See article in the QR "Events" section, log onto www.pwtc.com or contact ride leader for more details. NO SAG – this ride is organized as a loaded tour, but motels are available @ or near all o'nite stops. Non-group ride. Level C/D. Ride Leaders: Jim O'Horo 360-449-0804 <johoro@pcez.com> & Robert Mandelson 503-234-7025 <rmandel@spiritone.com>

Saturday, May 24

Torture Series- Badger Creek: Distance 50 miles. Leaves at 9:00 a.m. from Mt. Hood Community College Aquatic Center parking lot, NE 17th & Kane, in Gresham. Join us on number six in the series that takes you on a scenic route that features fun-filled climbs, winding descents, quiet roads and beautiful views of rural

Clackamas County. Bring food and water! Level D. Ride leader: Cathy Varner, 503.816.2642.

Saturday Morning Alphabet Ride: Distance 25-90 miles. Leaves at 9:00 a.m. from Wilshire Park, NE 36th & Skidmore. Two or more ride options will be offered. Join the regulars for the relatively flat 35-mile Kelley Point/Two-Bridge Loop, with a coffee stop midway through, or take off for the West Hills or Camas for a steeper or faster ride. Ideal for experienced riders. Non-group ride. Levels A/B/C/D. Ride leader: Marvin Blaine 503-659-1918

Urban Coffee Ride: Distance 20 to 30 miles. Leaves at 10:00 a.m. from the Tri-Met Park and Ride, NE 96th and Sandy Blvd. Join us on these moderately paced group rides around the Portland/Vancouver area that feature a stop at a local coffee shop somewhere along the route. Group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Sunday, May 25

Suit Yourself Ride: Distance 20-90 miles. Leaves at 9:00 a.m. from the Tri-Met Park & Ride, NE 96th & Sandy Blvd. Riders meet and sign in, then ride wherever they want. Ride maps will be available. Non-group ride. Ideal for experienced riders. Levels A/B/C/D. Ride leader: Rich Seifert 503-659-7516

Charbonneau to St Paul, Bankers Cup Coffee Ride. 44 miles. Level B. Leaves at 9:00 a.m. from Miley Road in Wilsonville. Traveling south on I-5, take exit 282B. Turn left, cross over I-5, Miley Rd widens _-mile ahead, parking on the right. We'll tour the north Willamette Valley on a mostly flat route with a few rollers and low traffic. We'll head over to St Paul and stop for some warm drinks and then return past Champoeg State Park. Regroup Ride. Ride Leader Bill Hamilton 503-961-4184.

Laurelhurst Park--Crown Point Loop: Distance 62 miles. Leaves at 9:30 am from Laurelhurst Park. Ride from Laurelhurst out to Boring, then over to Stark & out to Crown Point. Check out the very cool PWTC Bike Rack and return via the Scenic Highway & Halsey. Non-group ride. Level C. Ride Leaders: Phil Brown (club president) and Cheryl Speer (club statistician), quickxote@comcast.net, cherylaspeer@comcast.net 360-833-1512.

A Krispy Kreme Donut Ride: Distance 32 miles. Leaves at 10:00 a.m. from the Tri-Met Park and Ride, NE 96th and Sandy Blvd. Cross the Columbia River into Vancouver and head east and north to the Krispy Kreme Donuts on Andresen. Non-group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Saturday, May 31

Torture Series- Clackamas Rollercoaster: Distance 40/56 miles. Leaves at 9:00 a.m. from the Oregon Trail Interpretive Center on Washington Street, in Oregon City. Just off I-205 at exit 10, turn right at the first traffic light, parking is about 1/4-mile on the left. Enjoy this challenging ride on number seven in the series. This route rewards your blistering quads with quiet roads and lots of scenic vistas. Highlights include Fellows, Hult, Buckner Creek and the wonderful company of all those other riders in as much pain as you. Non-group ride. Level D. Ride leader: Cathy Varner, 503.816.26

Saturday Morning Alphabet Ride: Distance 25-90 miles. Leaves at 9:00 a.m. from Wilshire Park, NE 36th & Skidmore. Two or more ride options will be offered. Join the regulars for the relatively flat 35-mile Kelley Point/Two-Bridge Loop, with a coffee stop midway through, or take off for the West Hills or Camas for a

steeper or faster ride. Ideal for experienced riders. Non-group ride. Levels A/B/C/D. Ride leader: Frank Zuleger 503-257-5708

Larsens Bakery: Distance 32 miles. Leaves at 10:00 a.m. from the Tri-Met Park and Ride, NE 96th and Sandy Blvd. Cross the Columbia River into Vancouver and head east on the Discovery Trail out to Larsens Bakery on Mill Plain. Non-group ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Sunday June 1

Suit Yourself Ride: Distance 20-90 miles. Leaves at 9:00 a.m. from the Tri-Met Park & Ride, NE 96th & Sandy Blvd. Riders meet and sign in, then ride wherever they want. Ride maps will be available. Non-group ride. Ideal for experienced riders. Levels A/B/C/D. Ride leader: Greg & Sharon Baker 503-287-7019

Estacada River Ride: Distance up to 60 miles. Starts at 9:30 a.m. from the Estacada Ranger Station. Head towards Estacada on Hwy. 224. The Ranger Station is on the right just before Estacada begins. Ride along the beautiful Clackamas River until you are half tired and follow the river back to your car. This is one of the most scenic rides our club offers. Bring all needed snacks and water, as there is no food and only potty and water at Ripplebrook Ranger Station. Last year, the bypass around the hardest hill on the ride was closed due to a landsllide. I will know if it is still closed before start time. Level C, D (if the lower road is closed). Ride Leader: Ron Ing @ 503.775.5005.

Sunday Morning Social: Distance 20 to 30 miles. Leaves at 10:00 a.m. from Wilshire Park, NE 36th and Skidmore. Come out and socialize with other cyclists on these moderately paced group rides. We'll travel along at around 13/15 mph and we'll stop for a snack or something to drink part way through the route. Group

ride. Level B. Ride leader: Bud Rice, 503-667-0683.

Saturday June 7

Pioneer Century 2008. Distance 45/55/100 miles. Registration opens at 7 a.m. at the Clackamas Fairgrounds. The Pioneer Century lunch, prepared by Chris King Precision Components, is limited to 1,300 riders; so pre-registration is a good idea. Mail-in re-registrations must be postmarked by May 26th. On-line registration is available until June 3rd. Registration closes at 9:00 a.m. for the 100 milers and 10:00 a.m. for the shorter distances.

All three routes start and finish at the Clackamas County Fairgrounds. From I-5 South; take the Canby/Hubbard Exit #282A, turn left on Arndt Road, follow signs to Canby. From Oregon City, take 99E into Canby and turn right on 3rd. Join us on this ride through the lovely pastoral back roads (and a few hills) of the historic Champoeg-Canby-Molalla area. Smooth roads, excellent food, and friendly people make this a ride to put on your calendar. For more information, contact: Benn Schonman

503.775.8300 Check out the Pioneer website:

http://www.pwtc.com/index.php/schedule/more/pioneer_century/

Sunday June 8

Suit Yourself Ride: Distance 20-90 miles. Leaves at 9:00 a.m. from the Tri-Met Park & Ride, NE 96th & Sandy Blvd. Riders meet and sign in, then ride wherever they want. Ride maps will be available. Non-group ride. Ideal for experienced riders. Levels A/B/C/D. Ride leader: Marvin Rambo 503-774-3605

Welcome to PWTC Ride -LaCamas Lake Loop

Distance 32 miles. Leaves at 9:30 a.m. Clark Community College off of Fort Vancouver Way in Vancouver, Wash. We will travel east through Vancouver and out around LaCamas Lake. On the

way back we will visit a wonderful bakery. This is a good combination of city and rural riding. Group ride. Level B. Ride Leader: Ann Morrow 360.608.3173

The Italian Bakery Ride: Distance 30 miles. Leaves at 10:00 a.m. from the Tri-Met Park and Ride, NE 96th and Sandy Blvd. Loop out through north and northeast Portland on the way to DiPrima Dolci on north Denver and Killingsworth. Non-group ride. Level B. Ride leader: Bud Rice, 503-667-0683.